

*Office of Steven Ugras, M.D.*  
*Hand Surgery*

**PATIENT MEDICAL HISTORY QUESTIONNAIRE**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

Name of Referring Doctor: \_\_\_\_\_ Name of Family Doctor: \_\_\_\_\_

Which hand do you write with? Right / Left.      Which hand has a problem? Right / Left / Both

Reason for Visit: \_\_\_\_\_

Duration of problem? \_\_\_\_\_ Rate your pain 0-10 (10 being the worst): \_\_\_\_ / 10

**Are you allergic to any medications? (Please circle) Yes or No If Yes please list below:**

DRUG ALLERGY	REACTION (rash, hives, etc.)	DRUG ALLERGY	REACTION (rash, hives, ect.)

**List all current medications and dosages: (Please circle) Yes or No If Yes please list below:**


**Past Medical History (please circle all that apply to you):**

Diabetes	High Blood Pressure	High Cholesterol	Glaucoma	Cataracts
Heart Disease / Ht. attack	Congestive heart failure	Thyroid disease	Vascular disease	Aneurysm
Lyme disease	Bleeding disorder	Seizures	Depression	Anxiety
Multiple Sclerosis	Enlarged prostate	Hepatitis: Type A B C	Gastric Reflux	Anemia
Stomach ulcer	Rheumatoid arthritis	HIV Positive	Liver disease	Sleep apnea
Asthma	COPD / Emphysema	Cancer	Kidney disease	Gout

**Please list any medical conditions you have that are not listed, if none write N/A:**

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**Family History** (please circle):

Diabetes	High Blood Pressure	Coronary artery disease	Bleeding disorder
Seizures	Hepatitis	Rheumatoid arthritis	Asthma
Cancer	Kidney disease	Dupuytren's contracture	Malignant hyperthermia

**Please list any family medical conditions that are not listed above, if none write N/A:**

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**Past Surgical History (Please circle all that apply to you and list the date of surgery)**

<b>Surgery</b>	<b>Date</b>	<b>Surgery</b>	<b>Date</b>
Knee arthroscopy: (Right / Left)		Shoulder arthroscopy: (Right / Left)	
Joint replacement surgery: (Knee / Hip)		Laparotomy	
Spine surgery: (Neck / Back)		Hernia Repair	
Eye surgery		Peripheral bypass surgery	
Coronary artery bypass graft		Cardiac catheterization	
Stents		Hysterectomy	

**Please list any other surgeries you may have had in the past that are not listed, if none write N/A:**

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**Social History:**

Please circle one: Single / Married / Partnered / Widowed / Divorced

Do you smoke? Yes or No Have you quit? Yes or No How much do you smoke? \_\_\_\_\_

Do you drink alcohol? Yes or No Please circle: Social only / Several times a week / Everyday

Do you or have you used illicit drugs? Yes or No If yes, what kind? Marijuana / Heroin / Cocaine

Education Level: Graduate level / College / Some College / HS Diploma / Trade

Occupation(s): \_\_\_\_\_

Hand & Wrist Surgery of NJ, LLC  
Paramus Hand Surgery, PA  
140 Route 17 North, Suite 323, Paramus, NJ 07652  
Phone: (201) 483-9555  
Fax: (201) 331-7003

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Sports: Golf / Tennis / Football / Baseball / Basketball / Running / Yoga / Gym / Bowling

**Please circle any of the following symptoms that you have experienced recently:**

<b>CATEGORIES</b>	<b>SYMPTOMS</b>		
<b>Constitutional:</b>	Fever	Night Sweats	Weight loss
<b>Eye:</b>	Red eyes	Blurring vision	Vision loss
<b>Ears/Nose/Mouth:</b>	Nose bleeds	Sore throat	Hearing loss
<b>Cardiovascular:</b>	Chest pain	Palpitations	Leg swelling
<b>Respiratory:</b>	Shortness of breath	Chronic coughs	Wheezing
<b>Gastrointestinal:</b>	Nausea	Vomiting	Diarrhea
<b>Genitourinary:</b>	Burning w/ urination	Blood in urine	Urinary incontinence
<b>Skin:</b>	Rash	Hives	Skin infection
<b>Neurological:</b>	Headache	Tremor	Seizures
<b>Psychiatric:</b>	Depression	Panic attacks	Suicidal ideation
<b>Endocrine:</b>	Excessive thirst	Cold intolerance	Excessive sweating
<b>Hematological/Lymph</b>	Easy bruising	Swollen glands	Easy bleeding
<b>Allergy/Immune</b>	Runny nose	Sinus congestion	Itchy eyes

If you are currently not experiencing any of the above symptoms, please write N/A:

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Any other important information you want your physician to know:

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Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_